







## Health Plan Highlights for 2017

Look at the highlighted services below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra services you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value added services.

 <p style="text-align: center;"><b>1-800-600-4441</b></p>	 <p style="text-align: center;"><b>1-877-644-4623</b></p>	 <p style="text-align: center;"><b>1-877-542-9238</b></p>
<p>Preventive dental care for members 21 and older, including:</p> <ul style="list-style-type: none"> <li>• Two free cleanings per year</li> <li>• Free scaling and polishing procedures</li> </ul> <p>Children get dental care as part of their regular Medicaid benefits.</p>	<p>One dental visit for adults 21 and older every six months. Children receive regular benefits on most dental services.</p> <p>We provide practice visits to dentists for members with developmental disabilities and children on the autism waiver to help them become more comfortable with dental preventive care visits.</p>	<p>Any member over age 21 can visit a participating dental provider once a year for a screening and cleaning, which includes scaling and polishing teeth. Dentist will provide one x-ray per year.</p> <p>FE members may be eligible to receive dentures at no cost.</p>
<p>Healthy Rewards allows members to earn \$10, \$15, or \$25 in debit card credits to Walmart, Dollar General and Family Dollar to use for over-the-counter items just for doing things that are good for your health like getting:</p> <ul style="list-style-type: none"> <li>• Maternal health checkups</li> <li>• Well-child checkups</li> <li>• Well-woman exams</li> <li>• Flu Shots</li> <li>• Diabetes screenings</li> </ul>	<p>Healthy Rewards Program: Members can earn between \$5 - \$50 in healthy rewards or a combination of rewards on a CentAccount card for receiving healthy checkups. These rewards can be used to buy from hundreds of items like groceries, baby formula, and over the counter cough/cold medicine from participating retail stores.</p>	<p>Members can earn rewards through UnitedHealthCare's Community Rewards program, by tracking healthy activities using an online tool or smart phone. Earn points to get merchandise and reward cards.</p>
<p>A free SafeLink® cell phone for members who qualify, with up to 350 free minutes each month plus:</p> <ul style="list-style-type: none"> <li>• 200 bonus lifetime minutes</li> <li>• Unlimited text messages</li> <li>• Free calls to Amerigroup Member Services</li> </ul> <p>Coverage may not be available in certain remote service areas.</p>	<p>Free cell phone through our Connections Plus program or through SafeLink®, which provides up to 250 free minutes of service per month. This includes unlimited texting and free calls to and from Sunflower Health Plan. Members will be able to have telephone access to their KanCare providers.</p>	<p>Member Advocates can help members who qualify get free SafeLink® cell phones. Members can get up to 350 free minutes of service a month. Benefit includes:</p> <ul style="list-style-type: none"> <li>• Free Smart Phone with unlimited nationwide text messages</li> <li>• Unlimited calls to Member Services</li> <li>• 500 MB of 3G Data per month</li> <li>• Sign-up for Connect4health text messaging program</li> </ul> <p>Coverage may not be offered in certain remote service areas.</p>
<p>Taking Care of Baby and Me® program for pregnant women and new moms to support healthy pregnancies and healthy babies. Includes:</p> <ul style="list-style-type: none"> <li>• Support, coaching and health resources</li> <li>• A self-care book</li> <li>• My Advocate™ program – maternal health education by phone, text messages and a smartphone app</li> <li>• Information on Text4Baby, CenteringPregnancy groups and more</li> </ul>	<p>Start Smart for Your Baby® - Support, education and gifts for moms, babies, and families. The program includes the services below. There is no cost to member.</p> <ul style="list-style-type: none"> <li>• In-home help with healthcare and social service benefits</li> <li>• Baby showers for pregnant members. At these events, members are given diapers, the Baby Fuel book and other gifts and health material</li> <li>• Birthday programs for children</li> </ul>	<p>Pregnant members will get the "Baby Basics" book.</p> <p>Pregnant members can join Baby Blocks program. Get a \$20 gift card or a cool diaper bag for joining. Earn seven more rewards for staying with the program until your baby is 15 months old.</p> <p>Sponsored community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies.</p> <p>Pregnant members can get OFF brand Bug Spray to help protect against mosquitos.</p>
<p>Extra respite care for Autism waiver members* and Intellectual or Developmental Disability (I/DD) waiver members*. (Respite care lets your caregiver take a break.)</p> <p>Extra personal care services (PCS) for I/DD waiver members.</p> <p>56 hours of respite care for Frail Elderly waiver members.</p> <p>*Excludes members living alone or residing in ICF/IDD, assisted living and nursing facilities, group homes, or similar settings.</p>	<p>Choose Health program serves members with chronic health conditions. The program helps members determine how emotions can impact their condition (i.e. stress, poor sleep, and change in appetite). As a part of the program, participants are assigned a Choose Health Coach who works with the entire health care team to ensure members have everything they need to feel their best.</p>	<p>Adult members on the PD, FE and I/DD waivers can pick one free item from catalog per year. Items are for home safety or other support. The care coordinator will assist with order.</p> <p>FE members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.</p>
<p>Members 18 and older can participate in our holistic stop-smoking program including:</p> <ul style="list-style-type: none"> <li>• Support and coaching services</li> <li>• Unlimited calls to a health coach for tips and advice</li> </ul>	<p>Members can participate in a smoking cessation program offered through Healthy Solutions for Life. (Nicotine replacement therapy is a regular benefit when prescribed by your doctor.)</p>	<p>Members can download Health4Me app on their smartphone. This app can help members manage their health.</p> <p>Members, or those responsible for members, can access myUHC.com online to help access health history, educate members on working with their doctor, and track doctor visits.</p>

 <b>Amerigroup RealSolutions<sup>®</sup></b> in healthcare <b>1-800-600-4441</b>	 <b>sunflower health plan<sup>™</sup></b> <b>1-877-644-4623</b>	 <b>UnitedHealthcare<sup>®</sup></b> Community Plan <b>1-877-542-9238</b>
<ul style="list-style-type: none"> <li>Help understanding the nicotine replacement therapy (NRT) products available through KanCare</li> </ul>		
Weight Watchers voucher covering members' initiation fees, plus four weeks of classes.	Weight management program through Healthy Solutions for Life.	Adults can obtain membership in the Weight Watchers program to help them lose weight. The program is good for local meetings and cannot be used for online services.
Members in waiver groups and certain members receiving SSI get \$10 every month (\$120 per year) for extra over-the-counter (OTC) medicines. OTC products ordered on our website are delivered to your home.	The MemberConnections Program has community-based staff to provide in-home member visits to assist with scheduling healthcare appointments and transportation as well as paperwork for benefits and local services.	We offer members who need glasses an enhanced benefit of higher quality lenses beyond what Medicaid covers to help members maintain their vision and improve their self-esteem.
<p>Our Healthy Families program helps families with children ages 7-13 who are overweight or obese (or at risk) live healthier lives. Includes:</p> <ul style="list-style-type: none"> <li>A health coach you can call to get tips and advice</li> <li>Materials to help your family learn about wellness and healthy living</li> <li>Referrals to local nutrition classes for 6-8 weeks (where available)</li> </ul>	MyStrength online program offers eLearning to help members overcome depression and anxiety. This online program includes simple tools, weekly exercises, mood trackers and daily inspirational quotes and videos. The program can be used on its own or with other care.	<p>Youth members up to 18 will have access to great youth programs such as the YMCA, Boys and Girls Clubs, and 4-H and selected Parks and Recreation Departments.</p> <p>Members 20 and under can use KidsHealth. This is an online/mobile site that provides videos and articles on health topics. The site aims to help members manage their health conditions.</p>
<p>Free rides to community health events for Amerigroup members.</p> <p>Free rides for caregivers to members' (Medicaid-covered) appointments – for members in waiver groups and certain members receiving SSI.</p>	Disease management for members with asthma, COPD, diabetes, heart disease or high blood pressure through Healthy Solutions for Life Program. Members can enroll in any of these programs.	Six one-way or three roundtrip rides annually for certain waiver members and some members receiving behavioral health support services, to job interviews, job training and for rides to jobs.
Free yearly membership at a participating Boys & Girls Club, for members ages 5-18.	Community Programs for Children: Free services and events to promote healthy lifestyles for kids, such as membership fees to Boys & Girls Clubs and the Adopt-a-School Program.	Adults on the FE or PD waiver can get access to one activity per member per year with their selected local Parks and Recreation offices.
Pest control services for members in waiver groups and certain members receiving SSI. Up to \$500 for four treatments per calendar year (whichever is met first). Members must own their homes to get these services (excludes members living in ICF/IDD, assisted living and nursing facilities, group homes or similar settings).	A Comprehensive Medication Review with a local pharmacist is available to eligible members. The review includes a 30 minute Face-to-Face consultation with a local pharmacist.	Mental Health First Aid program is an interactive course designed to mimic regular first aid training. It teaches the general public how to identify, understand, and respond to signs of mental health and substance use disorders.
<p>Free air purifier with a permanent filter to help reduce allergens in your home.</p> <p>To get this benefit, members must be diagnosed with allergies and get an order from their doctor.</p>	In-home tele-health available for adults. This service helps members stay at home when they need help to manage their chronic conditions.	Pest Control treatments for HCBS members who own their home. Services must be set up through Care Coordinator.
	Eligible members on the Frail & Elderly waiver receive adult incontinence supplies up to \$100 per year.	PD and FE waiver members can receive up to two boxes of adult briefs to assist with their everyday comfort.
	Up to 16 hours of hospital companionship for persons on the Intellectual/Developmental Disability (I/DD) and Frail & Elderly waivers.	Respite Care for I/DD waiver members receiving supported home care or home based services. Up to 40 hours of respite care.
	Up to 16 hours of respite care for persons on the I/DD waiting list, persons on the Frail & Elderly waiver and children adopted from Foster Care.	Members coming out of the hospital for a behavioral health need can join the Peer Coaches Program. This program can link the member to community resources to avoid going back into the hospital.
	We provide members on the I/DD waiting list with a care attendant for medical appointments if needed.	Families with children age 2 to 8 can participate in the Sesame Street "Food for Thought" program. The program is where families can learn about how to eat healthy on a budget from Sesame Street characters.
	Members can receive produce vouchers worth \$10 at special events with participating Farmers Markets.	The child member with Asthma is sent information presented by Sesame Street characters that teaches them how to deal with asthma. Children 1 to 4 will receive the A is for Asthma newsletter.
		Members over 21 can get up to two podiatry visits each year.